

Letter

Density Dependence,
Senescence, and
Williams' HypothesisTroy Day^{1,2,*} and
Peter A. Abrams³

In 1957, George Williams [1] argued that higher, age-independent, adult mortality should be correlated with more rapid senescence. Charlesworth [2] and most subsequent studies have added the adjective 'extrinsic' to mean that the age-independent mortality was due to sources 'external' to the organism. We now know that neither age- nor condition-independent increases in extrinsic mortality are necessary for more rapid senescence to evolve, and analyses have also shown that higher mortality can lead to the evolution of slower senescence [3,4]. Indeed, there are empirical examples where an added source of mortality seems to have extended lifespan [5]. Nevertheless, Williams' hypothesis remains popular [6].

Recently Moorad *et al.* [7] (henceforth MPS) reviewed Williams' hypothesis and they made the strong claim (in at least ten different places throughout their paper) that Williams' hypothesis is wrong, flawed, and/or contains a conceptual error. They then claim to show that the hypothesis is wrong because, for an extrinsic source of mortality to affect senescence, it must act in an age-dependent fashion (and Williams' hypothesis involves age-independent mortality). This latter claim is also reiterated throughout their paper, where they say that '...formal theory shows that only mortality that is age-specific can influence the evolution of senescence...' and that 'mortality that is truly independent of condition...' cannot affect selection on senescence. This is further emphasized in an entire section of their paper titled 'Models that redefine extrinsic to mean something else', where

they say that extrinsic mortality can affect selection only if '...one changes the meaning of "extrinsic" to mean age dependent'. There they also review Abrams [3] and Williams and Day [4], stating that these papers either support their view or, when they don't, it is because of differences in opinion ([7], p. 6).

The purpose of this letter is to point out that these conclusions are incorrect. Both Abrams ([3], p.882) and Williams and Day ([4], p.1482) have independently demonstrated that extrinsic mortality need not be age-dependent to drive the evolution of more rapid senescence. MPS mischaracterize [3] by incorrectly claiming that with '...age-independent density effects, Abrams' models found that the addition of extrinsic mortality had no effect...'. He did not. Likewise, [4] is mischaracterized by incorrectly claiming that any discrepancy between results comes from differences in opinion about how to measure fitness and that perhaps '...we need to examine whether [a] redefinition of fitness is justified'. In fact, these discrepancies are not a matter of opinion. In an online appendix (see supplemental material online), we provide a detailed analysis that illustrates this fact and we present a two-age model as a simple counterexample to MPS's claim that extrinsic mortality must be age-dependent in order to affect selection on senescence. This simple counterexample is nothing more than a special case of the general analysis already published in [3] and [4], but the restriction to two age-classes makes the analysis simpler.

One way to understand why density dependence is important in the evolution of senescence is to note that, roughly speaking, when a population is growing exponentially (i.e., no density dependence), the fitness consequence of a change in vital rates at age x is discounted by the probability of survival to age x and by the population growth rate (because offspring produced earlier can, themselves, reap the

rewards of exponential growth). When age-independent extrinsic mortality increases, the discounting through survival gets stronger (i.e., there is a smaller probability of reaching age x), while the discounting through population growth gets weaker (i.e., the exponential growth potential is reduced), such that these two effects exactly cancel and Williams' hypothesis does not hold. But when a population is regulated by density dependence (and so on average is not growing) the latter effect need not exactly cancel the former, even when all density and mortality effects act in an age-independent way.

Indeed, the predictions made by existing theory are completely unambiguous and worth reiterating. If a population is growing exponentially, then a change in age-independent mortality will not affect selection on senescence (i.e., Williams hypothesis is not valid). For populations subject to density dependence things are more complicated for two reasons. First, depending on the form of density dependence, population size might continually change over time in complex ways. At present, little theory speaks to this interesting case (see Appendix in the supplemental material online for further discussion). Second, a change in mortality might affect population density, which then feeds back to affect vital rates in other ways. Nevertheless, if density dependence leads to a constant equilibrium population size then predictions are still completely unambiguous. If all mortality and density effects are age-independent, then Williams' hypothesis is correct when density dependence acts solely through fertility and it is incorrect when density dependence acts solely through mortality. It is a fact, not an opinion, that age-dependency of external mortality is not required for Williams' hypothesis to be valid.

Some previous studies have made the same claim as MPS, suggesting that Williams' hypothesis is wrong irrespective

of whether there is density dependence [8,9]. However, these studies have focused only on the case where density dependence acts solely through mortality and so their conclusions are actually in complete agreement with the above summary (see Appendix in the supplemental material online for further discussion).

Williams' hypothesis continues to occupy the attention of evolutionary biologists [6,10]. It is true that for organisms with high evolutionarily unavoidable mortality, investment in repair and maintenance for ages that are seldom reached does not make sense. Likewise, organisms that require a long time to mature must not deteriorate so rapidly that they never reproduce. Thus, we might expect a positive correlation between mean mortality rate and most measures of senescence in a diverse set of species. However, such a correlation is not very informative regarding the effect of mortality on the evolution of senescence in any particular lineage. The evolution of senescent traits in response to a new mortality source is influenced by many factors, including density dependence in all demographic rates, age-dependent effects of both altered density and the new mortality on existing mortality and fertility, and interactions between the mortality source and physiological changes caused by senescence [3,4]. In addition, senescence involves age-related changes in traits other than mortality, a fact that is often neglected. These changes in birth and growth rates are also likely to cause differential effects on the abundances of different age classes, further complicating evolutionary predictions

about senescence. For example, when density dependence in fertilities is characterized by larger effects in more senescent individuals, Williams' hypothesis could again fail to hold.

In summary, to understand the effect of an environmentally imposed change in mortality (or fertility) on the evolution of senescence at least three types of measurements are needed: (i) the direct age-specificity of the change in demographic rates, where 'direct' means age-differences due to age-related factors other than senescence (a point also made by MPS); (ii) the interaction of existing senescence with the environmental factor (e.g., are there greater effects of the factor on individuals with greater senescent decline?); (iii) the density-dependent feedbacks from the environmental change on all life history parameters, including the interactions mentioned in point (ii). Future work should also reassess how to compare rates of senescence, because the trajectories of mortality (or other fitness parameters) versus age are not characterized by a single simple function [11,12]. In addition, it should expand theory to consider variable environments, where results are likely to differ from those of the equilibrium conditions assumed in this and most previous work.

Supplemental Information

Supplemental information associated with this article can be found online <https://doi.org/10.1016/j.tree.2019.11.005>.

¹Department of Mathematics and Statistics, Queen's University, Kingston, ON, K7L 3N6, Canada

²Department of Biology, Queen's University, Kingston, ON, K7L 3N6, Canada

³Department of Ecology and Evolutionary Biology, University of Toronto, Toronto, ON, M5S 3B2, Canada

*Correspondence: day@queensu.ca (T. Day).

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DENSITY DEPENDENCE, SENESCENCE, AND WILLIAMS'
HYPOTHESIS (APPENDIX)

Troy Day and Peter Abrams

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1 Introduction

In this appendix we make precise our objections through a detailed analysis of a simple two-age model. We focus on the specific claim made in Moorad et al. [1] that ‘mortality that is truly independent of condition...’ cannot affect selection on senescence, and that extrinsic mortality can affect selection only if ‘...one changes the meaning of extrinsic to mean age dependent.’ This is an unambiguous statement and the message it conveys is reiterated several times throughout their paper. It also forms the basis for Moorad et al.’s [1] central claim that Williams’ hypothesis is flawed/wrong (since, if extrinsic mortality must be age-dependent to affect the evolution of senescence as Moorad et al. claim, then Williams’ must be wrong because his hypothesis is about *age-independent* extrinsic mortality). As we explain in our letter, however, both Abrams ([2], p.882) and Williams and Day ([3], p.1482) independently demonstrate that Moorad et al.’s claim that extrinsic mortality must be age-dependent is simply not true. Below we will provide a simpler analysis that is a special case of the analyses published in Abrams [2] and Williams and Day [3] to demonstrate this fact.

For simplicity, throughout we make the assumption that the organism in question is asexual in order to put aside any complications of sexual reproduction. We also assume that mutations are relatively rare, an assumption that is implicit in using optimization techniques. Finally, we work in discrete time since many people often find this setting easier to think about. Therefore, the growth *rate* r of Moorad et al. [1] is equivalent to what we will call the growth *factor*, λ , below with the condition that $r > 0$ is equivalent to $\lambda > 1$, $r < 0$ is equivalent to $\lambda < 1$, and $r = 0$ is equivalent to $\lambda = 1$. Although not all of these assumptions are explicitly mentioned in Moorad et al. [1], many of them are implicit in their analysis. In any event, our principle point of disagreement is not affected by focusing on this simple case.

26 We agree with Moorad et al. [1] that the word ‘extrinsic’ can be vague and can mean
27 different things to different people, and therefore we will give it a precise definition here.
28 We choose a definition that is both in keeping with how most of the previous theoretical
29 literature on senescence has used the term and one that is also aligned with the above
30 quote from Moorad et al. [1]. Specifically, we refer to a source of mortality as being
31 ‘extrinsic’ if the following two conditions hold: (i) the mortality is independent of other
32 sources of mortality (in the probabilistic sense of the word) including those that might be
33 thought of as being intrinsic to the organism, like mortality related to condition or
34 senescence itself, and (ii) the mortality is independent of age (i.e., the mortality rate
35 imposed by the external factor is the same for all age classes).

36 The above two conditions constitute our definition of extrinsic mortality but things can
37 become subtly more complicated when there is density dependence. For example, an
38 increase in the extrinsic mortality rate (as defined above) will usually decrease population
39 density, and if the effect of such a change in density on vital rates is different for different
40 age classes, then even though the extrinsic mortality itself acts in an age-independent way
41 (by our definition) it might still induce an age-specific change in vital rates (like mortality
42 or fertility) as a result of such demographic feedbacks. In this sense, even extrinsic
43 mortality as defined above might ultimately not be truly independent of age because of an
44 age-dependent demographic feedback [2]. Therefore, to be completely unambiguous, when
45 considering density dependence we will only consider forms of density dependence that are
46 also independent of age. In other words, if there is ever a demographic feedback that
47 occurs through density dependence, we will assume that it too affects all age classes in an
48 identical fashion. As a result, whenever we consider in change in extrinsic mortality, there
49 is no sense in which it can result in any age-dependent effects on the vital rates. Of course
50 this is clearly a highly unrealistic case and one that is probably never realized in any real
51 biological population. The point of focusing on this case though is to illustrate that the
52 way of thinking about Williams’ hypothesis that is advocated by Moorad et al. [1] is

53 incorrect. Namely, they claim (as in the above quote) that if extrinsic mortality ever has an
54 effect on the evolution of senescence, then it is because somehow this mortality ultimately
55 results in an age-dependent effect on vital rates. We will show that this is not true. It *is*
56 the case that, for enhanced extrinsic mortality to cause an evolutionary change in
57 senescence the enhanced mortality must result in age-dependent differences in *selection* (by
58 definition) but it is not true that it must result in age-dependent affects on the vital rates.

59 Although some of the analysis below is quite general we will also attempt to highlight the
60 general issues throughout with a running example. For simplicity (and so one can obtain
61 explicit expressions for all quantities of interest) we consider a species with two age classes
62 that lives in a seasonal environment. We census the population at the start of spring. Both
63 age 1 and age 2 individuals produce offspring during the summer, with fecundity m_1 and
64 m_2 . The offspring then survive the winter with probability s_0 , and age 1 individuals
65 survive the winter with probability s_1 . All age 2 individuals die at the end of the breeding
66 season. Thus, the number of age 1 and age 2 individuals at the start of spring next year
67 (denoted by $n_1(t+1)$ and $n_2(t+1)$ respectively) can be computed from the number of
68 these kinds of individuals at the start of spring this year (denoted by $n_1(t)$ and $n_2(t)$) as

$$n_1(t+1) = n_1(t)m_1s_0 + n_2(t)m_2s_0 \quad (1)$$

$$n_2(t+1) = n_1(t)s_1 \quad (2)$$

69 or in matrix notation

$$n(t+1) = Ln(t) \quad (3)$$

70 where n is a vector whose components are the numbers of individuals in the different age
71 classes and L is the Leslie matrix

$$L = \begin{bmatrix} m_1 s_0 & m_2 s_0 \\ s_1 & 0 \end{bmatrix} \quad (4)$$

72 In what follows we first consider the density independent case since this will serve as a
73 useful benchmark. We then consider how things are altered under density dependence.

74 **2 Density independence (DI)**

75 By density-independence we mean that all vital rates are independent of density. Thus,
76 under DI the population size will change exponentially. In this case all life history
77 strategies that have an intrinsic growth factor larger than 1 will persist (we will use the
78 terms ‘growth factor’ and ‘growth rate’ interchangeably). However, over time the strategy
79 with the largest growth rate will come to make up the greatest *fraction* of the population.
80 Therefore, over a long (evolutionary) time frame, after many mutations have occurred, we
81 expect the population to be dominated by the life history strategy that has the largest
82 growth rate. Thus, we can predict which life history strategy will dominate by predicting
83 the life history strategy that maximizes growth rate.

84 For an exponentially growing population, the growth rate, λ , of any strategy is defined
85 implicitly by the Euler-Lotka equation

$$\sum_i \lambda^{-i} l_i m_i = 1 \quad (5)$$

86 where l_i is the probability of surviving to age i and m_i is the fecundity of individuals of age
87 i . To find the strategy that maximizes λ we first need to delineate the strategies that are of
88 interest. For example, in the case of antagonistic pleiotropy we are interested in the
89 trade-off between early and late-life fitness components. At the optimal life history the
90 effect on λ of any change in one component of fitness must be exactly balanced by the
91 effect on λ of the resulting change (due to pleiotropy) in the other component of fitness (if
92 this wasn't true then it would be possible to increase λ). And we can use the results of
93 Hamilton [4] to compute the effect on λ of a change in any life history component of
94 interest.

95 *Running Example* - For our running example the Euler-Lotka equation is

$$\lambda^{-2}s_0s_1m_2 + \lambda^{-1}s_0m_1 = 1 \tag{6}$$

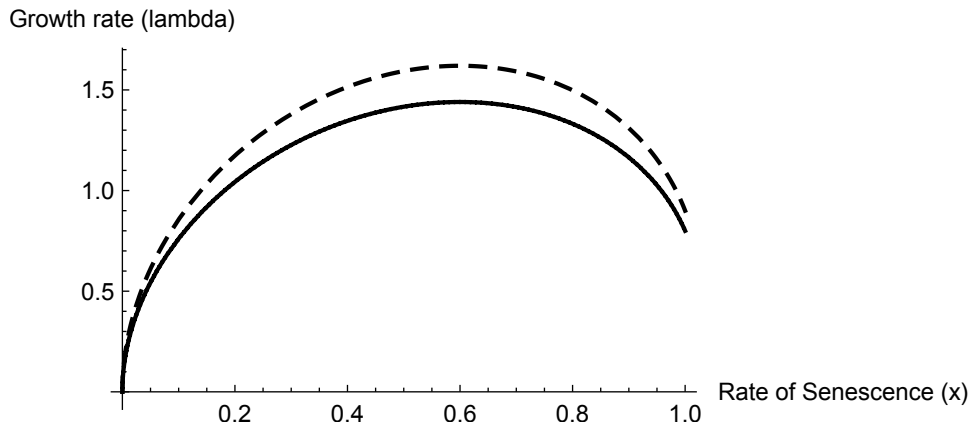
96 (note that $l_2 = s_0s_1$ and $l_1 = s_0$). In fact, although the Euler-Lotka equation typically
97 defines λ implicitly as a function of the life history parameters, this model is simple enough
98 that we can write down λ as an *explicit* function of these fitness parameters:

$$\lambda = \frac{1}{2} \left(m_1s_0 + \sqrt{m_1^2s_0^2 + 4m_2s_0s_1} \right) \tag{7}$$

99 In other words, equations (6) and (7) are simply two different but equivalent ways of
100 expressing how the dominant eigenvalue of L is a function of the vital rates.

101 Let's now consider a case of antagonistic pleiotropy in which there is a trade-off between
102 the age-specific survival probabilities s_0 and s_1 . To make things concrete, let's use x to
103 denote the intrinsic survival probability of a newborn reaching age 1, and $1 - x$ to be the
104 intrinsic survival probability of an age 1 individual reaching age 2. In this case we can

105 think of x as a measure of the rate of senescence. Large values of x mean that early-life
 106 survival is high and late-late survival is low, and so the drop in survival with age is large
 107 (i.e., a large rate of senescence). Further, let's use p to denote an age-independent survival
 108 probability related to sources of mortality external to the organism (i.e., extrinsic
 109 mortality). From our definition of 'extrinsic' we have $s_0 = px$ and $s_1 = p(1 - x)$. In this
 110 context, Williams' hypothesis is about how changes in p affect senescence (here defined by
 111 x). And again we stress that there is no age-dependence in this external source of mortality
 112 and that it acts in way that is independent of the 'intrinsic' survival rate at each age, x and
 113 $1 - x$. The figure below plots the growth rate λ as a function of x for two different values of
 114 p (and with $m_0 = 1$ and $m_1 = 9$). The top (dashed) curve corresponds to $p = 0.9$ and the
 115 bottom (solid) curve corresponds to $p = 0.8$.



116
 117 We can see that, although decreasing p (i.e., increasing age-independent mortality) reduces
 118 the growth rate for any fixed value of x (as expected) it does not alter where the growth
 119 rate reaches a maximum as a function of x . In fact, for this simple model we can find the
 120 value of x that maximizes λ directly by differentiating (7), setting the result to zero, and
 121 solving for x . We get

$$x^* = \frac{\sqrt{m_2}}{2\sqrt{m_2} - m_1} \quad (8)$$

122 We can see that, as illustrated in Figure 1, the optimal rate of senescence does not depend
 123 on the extrinsic source of mortality p , meaning that Williams' hypothesis does not hold in
 124 this case.

125 Before moving to the density-dependent case it is worth laying out how Hamilton's [4]
 126 approach relates to the above result in this simple model. As we have already mentioned,
 127 this example is simple enough that we can write the growth rate λ explicitly as a function
 128 of the life history parameters and so, to find the optimal life history, we can directly
 129 differentiate this function. More generally, Hamilton [4] differentiated λ *implicitly* using the
 130 Euler-Lotka equation. To do so in this simple example we differentiate λ in equation (6)
 131 implicitly with respect to the life history parameters s_0 and s_1 . We get

$$\begin{aligned} \frac{\partial \lambda}{\partial s_0} &\propto m_1 + s_1 m_2 \lambda^{-1} \\ \frac{\partial \lambda}{\partial s_1} &\propto s_0 m_2 \lambda^{-1} \end{aligned} \tag{9}$$

132 where the constant of proportionality in both is the same and is equal to $1/T$, where T is a
 133 measure of generation time given by $T = s_0 m_1 \lambda^{-1} + 2s_0 s_1 m_2 \lambda^{-2}$. Equations (9) are exactly
 134 Hamilton's [4] fitness sensitivity expressions in the context of this simple example. To
 135 complete the picture, recall that both s_0 and s_1 are functions of x in our example, and so
 136 the optimal life history occurs when the fitness effects through expressions (9) exactly
 137 balance one another. In other words, the optimal value of x must satisfy

$$\frac{\partial \lambda}{\partial s_0} \frac{ds_0}{dx} + \frac{\partial \lambda}{\partial s_1} \frac{ds_1}{dx} = 0 \tag{10}$$

138 or, using Hamilton's [4] expressions (9) and noting that $s_0 = px$ and $s_1 = p(1-x)$ and so

139 $ds_0/dx = -ds_1/dx$, we get

$$m_1 + s_1 m_2 \lambda^{-1} - s_0 m_2 \lambda^{-1} = 0 \tag{11}$$

140 It is important to note that in equation (11) λ is not arbitrary, but rather it is defined by
141 the Euler-Lotka equation (i.e., either by 6 or equivalently by 7). Thus, if we substitute this
142 definition into (11) we can then solve for the optimal value of x and we get (8) as before
143 (as we must since both calculations are simply different ways of computing the same
144 thing). And as we already mentioned, extrinsic mortality has no effect on the optimal rate
145 of senescence. In fact, we can see directly from Hamilton's [4] expressions (9) that extrinsic
146 mortality will have no effect because they do not depend on p . To see this it is critical to
147 note that λ *does* depend on p (it can be seen to be proportional to p from equation (7))
148 but the s 's are proportional to p as well and because every s is multiplied by a λ^{-1} in
149 Hamilton's [4] expressions (9) the p 's cancel.

150 **3 Density dependence (DD)**

151 So far our conclusions agree with the claims of Moorad et al [1]. We now turn the the case
152 of density-dependence. We take the existence of DD to mean that at least some of the vital
153 rates dependent on population density. Usually, however, people mean a bit more than this
154 when invoking density dependence. In particular, since a population might still grow in an
155 unbounded way even if the vital rates depend on density (e.g., if DD is weak), people
156 usually take DD to mean that population size is regulated in some way. Consequently, we
157 define DD as a situation in which at least some of the vital rates depend on density, and
158 they do so in a way that prevents unbounded population growth.

159 How do we incorporate DD? In general this can be complicated because, under DD the
160 long-term population size can reach a steady state, it can display periodic behaviour, or it
161 can even display chaotic behaviour. How we model evolution (and the predictions that can
162 be made about evolution) therefore typically depends on what sorts of long-term
163 population dynamics we want to consider. Although it is perhaps not very realistic, the
164 majority of theory on the evolution of senescence and Williams' hypothesis involving
165 density dependence (including Moorad et al. [1]) either implicitly or explicitly assumes
166 that, in the long term, the population size reaches a steady state. Therefore we make this
167 assumption here as well.

168 What about evolution? How do we predict the evolutionary outcome under DD?
169 Presumably, if during the process of evolution the population is to eventually settle down
170 to an 'optimal' strategy, then this means that evolutionary change would essentially stop.
171 In turn this means that the 'optimal' strategy must be 'uninvadable'. In other words, once
172 most individuals in the population are using this strategy, it must be the case that any
173 mutant strategy that appears will have a lower fitness (i.e., a lower growth rate, λ).
174 Otherwise, the population would continue to evolve.

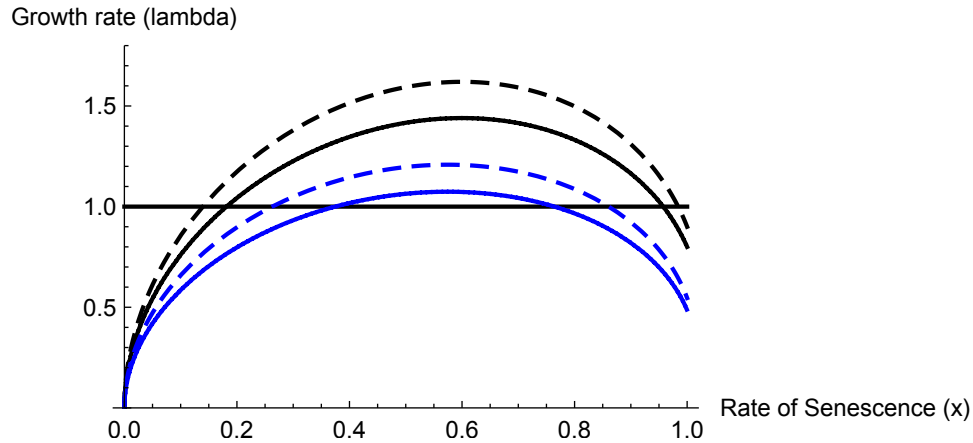
175 Given the above, there are therefore two conditions that must be used to characterize the
176 predicted evolutionary outcome. Namely, once the population has reached demographic
177 and evolutionary equilibrium we require that: (1) the population is not changing in size
178 and thus $\lambda = 1$, and (2) the growth rate λ must be maximized as a function of the life
179 history strategy of interest. The key difference from the DI case is therefore that some of
180 the life history parameters now depend on density (which we denote by N) and λ must
181 therefore be maximized *subject to the constraint that, at this maximum, the density N is*
182 *such that we also have $\lambda = 1$.*

183 *Running Example* - To make our point we will assume that density dependence acts solely
184 through fecundity and in an age-independent manner. Specifically, we assume that m_1 and

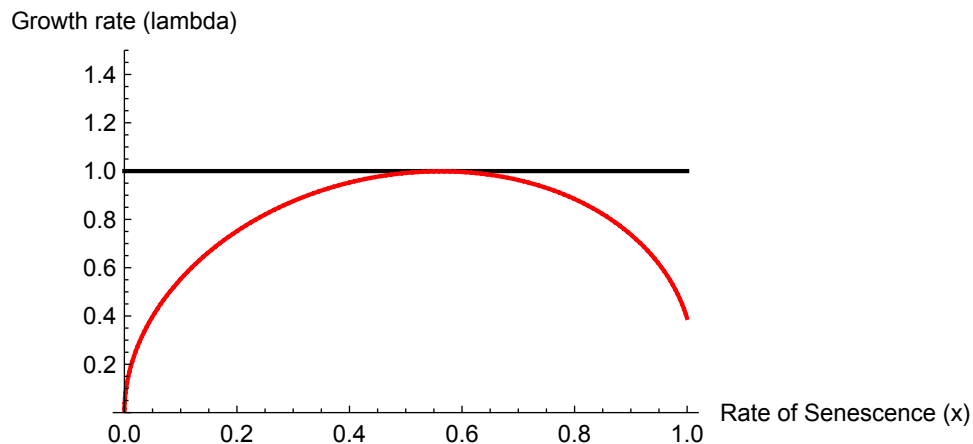
185 m_2 can be written as $m_i = f(N)b_i$ where b_i is the fecundity of an age i individual when
186 population density is low, and $f(N)$ is a decreasing function of population density N (with
187 $f(0) = 1$) that captures the age-independent density dependence. All other assumptions
188 about the model structure remain the same as the DI case (including the assumption that
189 extrinsic mortality acts in an age-independent way). This is a situation in which Moorad et
190 al. ([1]; p. 525) claim Williams' hypothesis is still not valid (just as it wasn't in the DI case
191 above) because, as Moorad et al. [1] claim, 'density dependent population regulation
192 cannot, by itself, cause changes in selection'. As our example will illustrate, this is not
193 true. The mere addition of density-dependence on fertility (in a completely
194 age-independent way) does indeed cause changes in selection on senescence. It is difficult to
195 tell where the error in this part of Moorad et al.'s [1] analysis lies because many key
196 components of their analysis are not clearly stated or defined. For example, what they
197 mean by extrinsic mortality being age-dependent is never explicitly defined despite this
198 forming the backbone of their entire argument (we also could not obtain a clear answer in
199 our correspondence). Their text, however, suggests that they consider extrinsic mortality
200 to be age-dependent if it results in a change in the stable age distribution. For example,
201 when explaining what they claim is a flaw in Williams' model they say 'It has long been
202 known that the addition of age-independent mortality can have, by definition, no effect on
203 age-distributions. It follows that mortality that is truly independent of condition will not
204 affect within- or among age distributions of phenotypes' ([1], p. 520). But this is both
205 incorrect (with density dependence, the stable age distribution can indeed change as a
206 result of a change in age-independent mortality - our simple model below provides an
207 example) and irrelevant (a change in the age distribution is neither necessary nor sufficient
208 for a change in age-specific selection on senescence).

209 Returning to our example, equations (6) and (7) continue to hold under DD but now the
210 m 's are functions of population density N . Thus, to construct a plot analogous to that of
211 Figure 1 we now must also specify the population density N . Figure 2 illustrates this for

212 the same two values of p used in Figure 1 (again dashed and solid) but now for two
 213 different values of population density as well (black vs blue). We have chosen $f(N) = e^{-N}$
 214 for simplicity, and the black plot corresponds to $N = 0$ and so is identical to that of Figure
 215 1 while the blue plot corresponds to $N = 0.5$. We have also plotted the $\lambda = 1$ line.



216
 217 We can see that in general λ is larger in low density populations for any given value of x
 218 (as we would expect). Now as we have stressed, at eco-evolutionary steady state not only
 219 must λ be maximized but the population density must also have reached a value such that
 220 $\lambda = 1$. Graphically, this means that the population density must be such that the graph of
 221 λ as a function of the life history strategy (here rate of senescence x) must be tangent to
 222 the $\lambda = 1$ line when it reaches its maximum. The plot must therefore look like that shown
 223 in Figure 3 at eco-evolutionary equilibrium.



224

225 Let's now use this fact to compute the predicted value of x . As before we will do so using
226 Hamilton's [4] results. Equations (9) continue to hold, as do equations (10) and therefore
227 (11) since they characterize the fact that when λ is maximized, early and late-life fitness
228 effects must be balanced. But we must now also enforce the condition that at
229 eco-evolutionary steady state the population size is unchanging (i.e., $\lambda = 1$). Substituting
230 this into equation (11) gives the necessary condition

$$m_1 + s_1 m_2 - s_0 m_2 = 0 \tag{12}$$

231 or, more explicitly

$$b_1 f(\hat{N}) + s_1 b_2 f(\hat{N}) - s_0 b_2 f(\hat{N}) = 0 \tag{13}$$

232 where \hat{N} is the population size at which $\lambda = 1$. We can cancel $f(\hat{N})$ from this equation to
233 get

$$b_1 + s_1 b_2 - s_0 b_2 = 0 \tag{14}$$

234 which can then be solved for the optimal value of x to get

$$x^* = \frac{1}{2} + \frac{b_1}{2b_2 p} \tag{15}$$

235 Notice that now the optimal rate of senescence *does* depend on p . In particular, as p goes
236 down (i.e., as age-independent extrinsic mortality goes up) the optimal rate of senescence,
237 x , goes up exactly in accordance with Williams' hypothesis [5].

238 Incidentally, we point out that equation (14) is exactly the necessary condition that we
 239 would get if we had instead simply maximized R_0 in this model in the absence of density
 240 dependence (i.e., assuming $N = 0$). Specifically, $R_0 = s_0 m_1 + s_0 s_1 m_2 = s_0 b_1 + s_0 s_1 b_2$ where
 241 the last equality holds when $N = 0$. If we then differentiate this with respect to x and set
 242 the result equal to zero we get exactly equation (14). This is no coincidence. A beautiful
 243 (and we believe underappreciated) paper by Mylius and Diekmann [6] proves that
 244 whenever density dependence acts in an age-independent way through feertility (as
 245 assumed here in our simple model) the optimal life history is always one that maximizes
 246 R_0 . We have used Hamilton's [4] equations here rather than the results of Mylius and
 247 Diekmann [6] simply to better match the approach taken by Moorad et al. [1]. However,
 248 the techniques of Mylius and Diekmann [6] provide a much more general and simpler way
 249 to obtain the same prediction.

250 It is also worth noting that we can see directly from Hamilton's [4] expressions (9) that
 251 extrinsic mortality p will affect the predictions under this form of density dependence.
 252 Unlike in the DI case, the population density will always adjust in the long term so that
 253 $\lambda = 1$. Thus, as Hamilton [4] himself noted, expressions (9) become

$$\begin{aligned}
 \frac{\partial \lambda}{\partial s_0} &\propto m_1 + s_1 m_2 \\
 \frac{\partial \lambda}{\partial s_1} &\propto s_0 m_2
 \end{aligned}
 \tag{16}$$

254 or, under the form of DD considered here

$$\begin{aligned} \frac{\partial \lambda}{\partial s_0} &\propto b_1 + s_1 b_2 \\ \frac{\partial \lambda}{\partial s_1} &\propto s_0 b_2 \end{aligned} \tag{17}$$

255 (because both have the same density dependence factor $f(\hat{N})$). Now the p 's that are part
 256 of the survival probabilities s_0 and s_1 no longer cancel as they did in the DI case.

257 As an aside, one might wonder if perhaps λ is not always equal to 1 in the density
 258 dependent case. For example, suppose a population has reached eco-evolutionary
 259 equilibrium. Now imagine increasing the age-independent extrinsic mortality by decreasing
 260 p . The first immediate effect will be that the population size decreases and so we have
 261 $\lambda < 1$ during this phase. Doesn't this contradict the assumption made above that we must
 262 have $\lambda = 1$? This appears to be part of the justification given in Moorad et al. [1] for their
 263 belief that there is no difference in predictions between DI and DD. For example, they
 264 state that Williams and Day's [3] defense of Williams' hypothesis 'begins with the
 265 condition that density regulation maintains stable population sizes with no time lag
 266 regardless of any mortality effects caused by changing density ([1], p.524)', and that 'even
 267 long-term stationary populations are not invariant. They are dynamically stable and must
 268 be in states of increase ... $[\lambda > 1]$...and decrease... $[\lambda < 1]$...for much of the time. ([1], p.
 269 525)' Such transient effects on the population size certainly will occur, and are potentially
 270 very interesting, but these quotes suggest that Moorad et al. [1] have not appreciated an
 271 important aspect of the mathematical foundation of all optimization models based on the
 272 Euler-Lotka (EL) equation; namely, all mathematical analyses are valid only for the
 273 asymptotic state of the population. This means that such analyses (including those of
 274 Moorad et al. [1]) cannot speak to these transient effects. They apply only once the
 275 population has reached a stable age-distribution and is growing exponentially (the DI case)
 276 or once the population has reached stable age distribution and is stationary in size (the DD

277 case). This is simply a mathematical fact and it invalidates all of Moorad et al.s [1]
278 arguments having to do with these transient effects.

279 Indeed, for similar reasons, most of the considerations of p. 525 of their paper are
280 mathematically invalid. To reiterate, anytime one uses the Euler-Lotka equation in such
281 models one is necessarily assuming that the population size is changing exponentially and
282 that the dynamics have reached their asymptotic state (and so a stable age distribution has
283 been reached). These assumptions form the very basis of how the Euler-Lotka equation is
284 derived (e.g., see [7]). Thus, the EL equation can only be used in three situations: (i) the
285 population is growing exponentially ($\lambda > 1$), (ii) the population is declining exponentially
286 ($\lambda < 1$), or (iii) the population is constant is size (i.e., changing exponentially with a
287 growth rate of $\lambda = 1$). Therefore, if DD prevents unbounded population growth then,
288 asymptotically, the population must either reach a constant size (i.e., $\lambda = 1$ and we can use
289 the EL equation as we have above), or it will continue to fluctuate in size (in which case
290 the population will not, typically, be changing exponentially and so we cannot use the EL
291 equation). Thus, there is no actual mathematical basis to Moorad et al.'s [1] claim that
292 setting $\lambda = 1$ in the analysis of DD is arbitrary and that, although ‘...it does make it
293 slightly easier to develop models if one assumes that $[\lambda]$ is constant over time [and equal to
294 1] models that permit $[\lambda]$ to change in response to some ecological shift are not intractable
295 (Box 3)’. Everything in their Box 3 is based on the EL and so necessarily excludes the very
296 cases that they are attempting to explain. It is certainly interesting to ask about the
297 validity of Williams’ hypothesis in situations where DD results in continual fluctuations in
298 population size but nothing in the analysis of Abrams [2], nor Williams and Day [3], nor
299 Moorad et al. [1] speaks to this question. (Note that it is possible that the EL equation
300 sometimes provides an *approximation* under other conditions, but whether this is true, and
301 how accurate the approximation might be, typically must be determined on a case-by-case
302 basis.).

303 Finally we wish to stress (as we said in our letter) that the form of DD really does dictate
 304 whether Williams' hypothesis holds. To highlight this fact we now show that if we simply
 305 change DD so that it acts in an age-independent way through survival then Williams'
 306 hypothesis no longer holds. Specifically we now treat the m 's as density-independent but
 307 define $s_0 = px f(N)$ and $s_1 = p(1 - x)f(N)$. Again expressions (16) hold but now, under
 308 this form of DD, they simplify to

$$\begin{aligned} \frac{\partial \lambda}{\partial s_0} &\propto m_1 + p(1 - x)f(\hat{N})m_2 \\ \frac{\partial \lambda}{\partial s_1} &\propto px f(\hat{N})m_2 \end{aligned} \tag{18}$$

309 We cannot yet tell from these expressions what will happen because $f(\hat{N})$ will likely
 310 depend on p . In fact, from equation (7) we can see that

$$\lambda = \frac{1}{2} \left(m_1 x + \sqrt{m_1^2 x^2 + 4m_2 x(1 - x)} \right) p f(N) \tag{19}$$

311 and since \hat{N} is the population size for which $\lambda = 1$ we have

$$f(\hat{N}) = \frac{2}{p \left(m_1 x + \sqrt{m_1^2 x^2 + 4m_2 x(1 - x)} \right)} \tag{20}$$

312 Thus, $f(\hat{N})$ is proportional to $1/p$ and so the p 's in Hamilton's expressions cancel, meaning
 313 extrinsic mortality has no effect on the optimal life history. Thus, under this form of DD
 314 Williams' hypothesis is not valid. So the form of DD really does determine whether
 315 Williams' hypothesis is valid.

316 Incidentally, if we take equation (11) with $\lambda = 1$ and then substitute this form of DD we get

$$m_1 + p(1 - x)f(\hat{N})m_2 - px f(\hat{N})m_2 = 0 \quad (21)$$

317 and if we then also substitute in the expression for $f(\hat{N})$ we get the condition

$$2m_2 - 4m_2x + m_1^2x + m_1\sqrt{m_1^2x^2 + 4m_2x(1 - x)} = 0 \quad (22)$$

318 Although perhaps not immediately obvious, this last condition is exactly the necessary
319 condition we would get if we had instead simply maximized λ in this model in the absence
320 of density dependence (i.e., assuming $N = 0$). Again this is no coincidence. The paper by
321 Mylius and Diekmann [6] proves that whenever density dependence acts in an
322 age-independent way through survival as assumed here, the optimal life history is always
323 one that maximizes λ .

324 4 Conclusions

325 Moorad et al. [1] claim that Williams made a conceptual error in his 1957 paper and so his
326 hypothesis is wrong/flawed etc. because ‘mortality that is truly independent of condition...’
327 cannot affect selection on senescence, and that extrinsic mortality can affect selection only
328 if ‘...one changes the meaning of extrinsic to mean age dependent.’ As we mentioned in our
329 letter both Abrams ([2], p.882) and Williams and Day ([3], p.1482) independently
330 demonstrate that this is not true. Here, with the above results, we have again
331 demonstrated this fact.

332 Although the mathematical details are obviously important we feel that it is equally

333 important that some sort of intuition for the results be obtained from the mathematics. To
334 this end let's again consider equation (11) from our simple two-age model, which is
335 repeated here for easy reference:

$$m_1 + s_1 m_2 \lambda^{-1} - s_0 m_2 \lambda^{-1} = 0 \quad (23)$$

336 Recall that this equation specifies the balance that must occur between early and late-life
337 fitness effects of a change in senescence at the optimal life history. The first two terms are
338 the early-life effect (i.e., the effect of a change in survival to age 1) and the last term is the
339 late-life effect (i.e., the effect of a change in survival from age 1 to age 2).

340 In all analyses (both DI and DD) a key ingredient in the evolution of senescence is the idea
341 that the fitness consequence of a change in vital rates at age a must be discounted by the
342 probability of survival to age a (because only the surviving fraction of the population
343 expresses the trait). This is captured by the s 's in equation (23). Now in the DI case,
344 because the population is growing exponentially, the fitness consequence of a change in
345 vital rates at age a must also be discounted by the population growth rate (because
346 offspring produced earlier can, themselves, reap the rewards of exponential growth). This is
347 captured by the λ 's in equation (23). As a result, when extrinsic mortality increases, the
348 discounting through survival gets stronger (i.e., there is a smaller probability of reaching
349 age a - the s 's in equation (23) decrease) while the discounting through population growth
350 gets weaker (i.e., the exponential growth potential is reduced and so λ^{-1} in equation (23)
351 gets larger). You can see in equation (23) that these two effects exactly cancel, and
352 Williams hypothesis therefore does not hold.

353 Under DD there is no longer any discounting due to population growth because at
354 eco-evolutionary equilibrium the population is constant in size. In other words, equation
355 (23) becomes

$$m_1 + s_1 m_2 - s_0 m_2 = 0 \tag{24}$$

356 Notice that the fitness consequence of a change in vital rates at age a are still discounted
 357 by the probability of survival to age a (through the s 's). And because this gets stronger as
 358 extrinsic mortality increases, *all else equal* this will tend to make Williams' hypothesis
 359 valid. You can see this in equation (24) by the fact that early-life reproduction (the m_1
 360 term) is not discounted as much as late-life reproduction. This is precisely the effect that
 361 Williams [5] identified in his 1957 paper and so, in a very important sense, Williams'
 362 intuition and reasoning was absolutely correct.

363 Of course all else might not always be equal because, when there is DD, some of the vital
 364 rates will be depressed at eco-evolutionary equilibrium owing to population density. Thus,
 365 we can think of this as another way in which the fitness consequences of change in vital
 366 rates at age a must be weighted. It appears that Williams' [5] reasoning implicitly assumed
 367 that such density effects apply equally across ages and so all else would be equal [3]. For
 368 example, if DD acts through fertility, then equation (24) becomes

$$b_1 f(\hat{N}) + s_1 b_2 f(\hat{N}) - s_0 b_2 f(\hat{N}) = 0 \tag{25}$$

369 Since all terms in this equation are depressed equally by the DD (because DD is acting
 370 uniformly through fertility in an age-independent way) this does not affect the *balance* of
 371 early versus late-life effects. In other words, all else is indeed equal and so the discounting
 372 that occurs through survival when extrinsic mortality increases does indeed select for
 373 greater senescence as Williams [5] argued.

374 On the other hand, sometimes all else will not be equal. For example, if DD acts uniformly
 375 through survival then equation (24) becomes

$$m_1 + s_1^* f(\hat{N}) m_2 - s_0^* f(\hat{N}) m_2 = 0 \quad (26)$$

376 where we have defined $s_i^* = s_i/f(\hat{N})$ for clarity of notation. Now, we can see that the
 377 depression of vital rates as a result of DD affects only some of the terms and so it has the
 378 potential to alter the balance. When extrinsic mortality increases, the discounting through
 379 survival gets stronger (i.e., there is a smaller probability of reaching age a) just as Williams
 380 [5] argued, and again the reduced population size that results means that DD gets weaker.
 381 Here, however, this weaker DD affects the mortality rates and this exactly counteracts the
 382 effect that Williams [5] identified. Put another way, with this form of DD, when extrinsic
 383 mortality is increased, the compensation that occurs through DD means that the overall
 384 probability of surviving to any given age is unchanged (and thus Williams' hypothesis does
 385 not hold).

386 Whether one chooses to view the above conclusions as meaning that Williams' [5]
 387 reasoning was wrong, conceptually flawed, etc. is a matter of opinion, but the above
 388 predictions themselves are facts not opinions.

389 **So why all the confusion in the literature?**

390 To finish we summarize exactly what previous theory tells us about Williams' hypothesis,
 391 with the aim of dispelling some of the confusion on the topic that seems to have crept into
 392 the literature. To do so we also comment upon three other papers on this topic that have
 393 been published and that are discussed in Moorad et al. [1].

394 We begin with the results of Abrams [2], that show three unambiguous facts about
 395 Williams' hypothesis:

- 396 1. If a population is growing exponentially, then a change in age-independent mortality
397 will not affect selection on senescence (i.e., Williams hypothesis is not valid).
- 398 2. For populations subject to density dependence, and where this DD is age-independent
399 and leads to a stable population size, Williams hypothesis is valid if the DD acts
400 solely through fertility and it is invalid if the DD acts solely through mortality.
- 401 3. For populations subject to other forms density dependence the outcome can be more
402 complex.

403 Thus, without question, it is a fact that age-dependency of external mortality (as defined
404 here) is not required for Williams hypothesis to be valid (incidentally, [2] also shows that,
405 when mortality is age- or condition-dependent, selection can be changed in either direction
406 - a point on which Moorad et al [1] agree). In 1995 Mylius and Diekmann [6] then
407 published a paper that provided a very general and simpler way to model life history
408 evolution under density dependence. Williams and Day [3] then used the theoretical results
409 in [6] to extend the analysis of [2] other ways, part of which involved independently
410 re-deriving the above three facts.

411 With this as a backdrop, it is indeed confusing that at least three other theoretical studies
412 published since then seem to contradict these facts and to contradict one another as well.
413 First, Caswell [8] and Caswell and Shyu [9] make the very same point as Moorad et al.'s [1]
414 main thesis; namely, that Williams hypothesis is *never* valid unless the extrinsic mortality
415 is age-dependent. To make matters even more confusing, they come to their conclusion for
416 entirely different reasons than those Moorad et al. [1]. So, taken at face value, their results
417 seem to directly contradict fact (2) above. Then, in 2018, da Silva [10] also examined
418 Williams' hypothesis and claimed exactly the opposite of Caswell et al. [8, 9]; namely, that
419 under density dependence, Williams's hypothesis is *always* valid. Clearly these claims can't
420 all be correct.

421 Unlike Moorad et al. [1], the discrepancy between the results of Caswell et al. [8, 9] and
422 fact (2) above stem entirely from a difference in definitions. Caswell et al. [8, 9] (implicitly)
423 define age-independent DD as DD that affects all entries of the Leslie matrix in the same
424 way. In our simple example this is mathematically equivalent to assuming that DD acts
425 solely on mortality in an age-independent way. As a result, the findings of Caswell et al.
426 [8, 9] are actually in complete agreement with fact (2) - Williams' hypothesis does not hold
427 when DD acts uniformly on mortality rates. However, from a biological standpoint, it
428 seems reasonable to consider DD acting uniformly on fertility across all ages as being
429 age-independent as well. This is the case we explored above where Williams' hypothesis *is*
430 valid. In this case not all entries of the Leslie matrix are affected by DD in the same way
431 (only the top row is affected) and so Caswell et al. [8, 9] simply excluded it from their
432 analysis. Again, it is important to stress, however, that this simple difference in definition
433 is *not* what underlies the discrepancy between Moorad et al. [1] and previous findings (as
434 we have explained in detail in the bulk of this appendix).

435 In the case of da Silva [10], however, unfortunately the problem is simply that the analysis
436 is incorrect. In particular, the analysis is mathematically inconsistent because, while it
437 correctly notes that $\lambda = 1$ in the DD case ($r = 0$ in [10]), it does not actually incorporate
438 the very DD in the vital rates that causes λ to equal 1. As a result, [10] simply recovers
439 only part of the story; namely, the part that was identified by Williams [5] and that
440 assumes all else is equal. As we have explained above, however, when DD is explicitly
441 incorporated into the vital rates, all else need not be equal - it depends on how the DD
442 operates, exactly as detailed in fact (2).

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